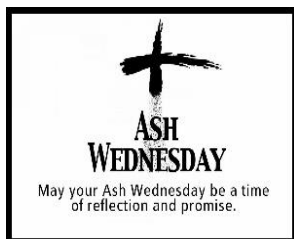


LENT



ASH WEDNESDAY

5th MARCH

Mass & Ashes

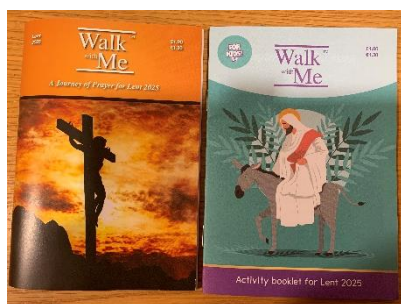
St Bernard's Church

7.30am, 9.45am & 7pm

Note: there will be no 7.30am mass in St Marys on the Hill on Ash Wednesday or during Lent.

WALK WITH ME BOOKLETS

A thought for each day of Lent. Booklets are available in the porchway of St Bernard's Church £1 for Adults. Also a Children's activity booklet £1.



MORNING PRAYER OF THE CHURCH

The Divine Office will be prayed on **Mondays-Wednesdays-Fridays** before morning mass 9.35 am starting Monday 10th March.

SATURDAYS OF LENT

Adoration of the Blessed Sacrament before mass in the main body of the Church will begin at 9.15am followed by the Rosary at 9.30am, Mass 9.45am.

Confessions will also be heard during this time.

DIVINE MERCY CHAPLET: PRAYED & SUNG

A quiet time for prayer and reflection in front of the image of the Divine Mercy, Friday evenings 7.00-7.30pm.

Confessions will also be heard during this time.

CONFESSIONS DURING LENT

Fri. evening & Sat. mornings: *see details above*

2025

PARISH LENTEN COURSE- Parish Centre

Wednesdays of Lent 7-8pm

12th, 19th, 26th March & 2nd, 9th April.

THE STRUGGLE TO FORGIVE: YOURSELF & OTHERS

The Book of Jonah (OT) & St Luke's Passion (NT)

Led by Fr Pat Sheehan.

Bring along a bible, have a cup of tea, learn, discuss & pray together.

Register on the parish website and come along.

STATIONS OF THE CROSS AT CALVARY



A Friday challenge for young and old!

Each Friday of Lent 6.30am (approx. 15/20mins) weather permitting, we will pray the Stations of the Cross **OUTSIDE at the Statue of Calvary** in St Bernard's grounds. If you have one bring a battery candle. In very poor weather we will gather in St Bernard's Church.

A DIGITAL THOUGHT FOR THE DAY

Download these FREE Apps to your smartphone

For Adults



Lektion365 is an APP you can download to your smart phone which gives a biblical reflection and a morning and night prayer. Play it first thing in the morning, on the way to work in the car or when you get some quiet time before going to bed.

For Families



Lectio for Families is an APP designed for families to download and listen to, with children's voices reading the scriptural passages. Play it first thing in the morning (maybe over breakfast?), during the school run or in the evening.



JUBILEE LENTEN REFLECTIONS

By Fr Darren Brennan PP

St Paul's Parish, Belfast

“WITNESSES OF HOPE FROM THE SCRIPTURES”

1st SUNDAY OF LENT 9th MARCH 7pm
ABRAHAM AND SARAH: Pilgrims of Hope

2nd SUNDAY OF LENT 16th MARCH 7pm
MOSES: A Pilgrim of Hope

3rd SUNDAY OF LENT 23rd MARCH 7pm
MARY OF MAGDALA: A Pilgrim of Hope

4th SUNDAY OF LENT 30th MARCH 7pm
PETER: A Pilgrim of Hope

5th SUNDAY OF LENT 6th APRIL 7pm
PAUL: A Pilgrim of Hope

PALM SUNDAY 13th APRIL 7pm
MARY AT THE CROSS: A Pilgrim of Hope



FACEBOOK

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Facebook Page
OR the YOUTUBE channel



YOUTUBE