

LENT 2023

NEW



ASH WEDNESDAY 22nd FEB

Mass & Ashes

St Bernard's church

7.30am, 10am & 7pm

Ashes will be distributed in

the Parish Schools at lay-led prayer services.

Note: there will be no 7.30am mass in St Marys on the Hill during Lent this year.

WALK WITH ME BOOKLETS

A thought for each day of Lent. Booklets are available in the porchway of St Bernard's Church £1 for Adults. Also a Children's activity booklet £1.



MORNING PRAYER OF THE CHURCH

The Divine Office will be prayed on **Mondays-Wednesdays-Fridays** before morning mass 9.45-9.55am starting Friday 24th Feb.

ADORATION OF THE BLESSED SACRAMENT

In St Bernard's in the main body of the Church from 9.15-9.55am before mass. Confessions will also be heard during this time.

DIVINE MERCY CHAPLET: PRAYED & SUNG

A quiet time for prayer and reflection in front of the image of the Divine Mercy.

Friday evenings of Lent 7.00-7.30pm during which confessions will be heard.

Note: not on St Patrick's Day Friday 17th March.

CONFESSIONS in ST BERNARD'S DURING LENT

Friday evenings at Divine Mercy 7.00-7.30pm

Saturday morning before mass 9.15-9.55am

PARISH LENTEN COURSE: A BIG CONVERSATION



This year our Parish Lenten Course will be replaced with 'A Big Conversation'

Thursdays 7pm – 8.30pm

2nd, 9th, 23rd & 30th March

Come along, get to know each other, share thoughts and ideas, talking honestly, listening respectfully - we need to plan for the future of our parish. **(NEW)**

STATIONS OF THE CROSS AT CALVARY (NEW)



We are re-visiting the tradition of praying the Stations of the Cross on the Fridays in Lent but with a bit of a twist! A Friday

challenge for young and old!

Each Friday of Lent 6.30am (approx. 15/20mins) weather permitting, we will pray the Stations of the Cross *outside* by candlelight at the Statue of Calvary in St Bernard's grounds. Gather on the steps or the grass in front of Calvary.

Note: Not on St Patrick's Day Fri 17th March.

(In poor weather we will gather in St Bernard's Church).

A DIGITAL THOUGHT FOR THE DAY (NEW)

Download these FREE Apps to your smartphone

For Adults



Lektion365 is an APP you can download to your smart phone which gives a biblical reflection and a morning and night prayer. Play it first thing in the morning, on the way to work in the car or when you get some quiet time before going to bed.

For Families



Lectio for Families is an APP designed for families to download and listen to, with children's voices reading the scriptural passages. Play it first thing in the morning (maybe over breakfast?), during the school run or in the evening.